## PRELIMINARIES/FINALS WARMUP SESSION SAN PEDRO

AM Warm-ups 6:30-7:45 PM Warm-ups 4:00-4:45

|     | (NO DIVING) |
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|--------|--------|---------------------|--------|--------|--------|--------------|--------|--|
| Lane 1 | Lane 2 | Lane 3              | Lane 4 | Lane 5 | Lane 6 | Lane 7       | Lane 8 |  |
| SVH    | SVH    | $\operatorname{CT}$ | CT     | OV     | OV     | HV           | HV     |  |

## TEAM TIMING ASSIGNMENTS TWO TIMERS PER LANE

| Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 | Lane 7 | Lane 8 |
|--------|--------|--------|--------|--------|--------|--------|--------|
| SVH    | SVH    | CT     | CT     | OV     | OV     | HV     | HV     |

## **VOLUNTEER ASSIGNMNTS FOR CHAMPIONSHIPS**

SEE YOUR TEAMS' FOLDER THAT YOU WERE GIVEN IN APRIL FOR YOUR ASSIGNMENTS.

YOUR TEAM WILL BE RESPONSIBLE FOR THESE ASSIGNMENTS DURING PRELIMS AND FINALS. IT IS EACH TEAMS RESPOSIBILITY TO ASSIGN PARENTS TO THESE POSTIONS. THANK YOU FOR YOUR HELP!!

TEAMS MAY WARM UP AT THE EAST END DURING THE WARMUP SESSION. AN SAAA COACH MUST BE PRESENT.

The east end of the pool is for an SAAA coach supervised warm up and warm down only with the 3-point-entry being enforced during all sessions.

Three-point-entry will be used in the competition pool unless there is a designated swim back lane.